

canadian camping

KEYS TO SUCCESS

by John Latimer

During the past few weeks I have noticed a new advertising campaign in Toronto. Perhaps some of you saw it on your way up here today. It's one of those sneak up campaigns and I don't know what it is going to lead to. I like it so much that I can only hope that it is not a campaign for a lottery or for some orange juice queen or indeed something which will divide and conquer us. The billboards at the present time say "CURE ANONYMITY". Schools breed anonymity except for those students who are very good or those who are very bad. Unless one is tremendously successful or on the other hand horribly wrong, our society permits anonymity. Churches do very little to change anonymity. Unions and factories thrive on anonymity and as far as I can see, the only people in our everyday society who got the message of our basic needs is Speedy Muffler for "at Speedy, You're a Somebody." Now whether or not that's true... the thought is tremendous. You know, camp is just about the only place in today's society where everyone can be treated as a somebody.... where no one is a nobody.. where everybody is a somebody.... and it starts with the director. If he treats each staff member as if he's a somebody that nice, neat warm feeling gets through and the counsellor treats the campers - each one of them - as somebodies, as individuals, as people. Now that's like magic. It takes real feeling on the part of the Director and the Section Director and the

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A Director's Checklist

by Eanswythe Flynn

APRIL

If the spring is wet, line up all inside repairs and preparatory carpentry, painting and planning that can be done indoors. If a dry season is your luck, have your maintenance crew get to work with all speed, on all outdoor projects, especially painting and staining. Rains sometimes come late in the spring.

Look over library and reference books. Make a list of those you wish to bring from the city for camp use in the summer.

Have you re-assessed all your insurance needs lately? Call a consultation with your agent this month.

Look into the possible use of new time-saving or semi-prepared food products.

Use paper cups, plates, etc. where it is practicable; but at the same time make sensible, non-polluting arrangements for quick disposal.

Decide whether or not a commercial dishwasher is economical. If the camp is large enough it might save time and money; otherwise the three-sink method might be best in your case.

See if there are any local farmers who could supply fresh eggs, vegetables or fruits later in the season.

Check with fuel suppliers for regular deliveries of oil or propane.

If water is Hydro-heated, have their maintenance crew come in to examine tank for working elements and replacement, if necessary.

If you need wood for a kitchen stove or fireplaces, have your maintenance staff

work at wood-cutting to assure a good supply for the season.

Make a list of medical and first-aid items to be purchased and delivered.

Have all mattresses inspected for cleaning or repairs. Order new ones early in the season no later than this month.

MAY

A good month for camper-parent staff get-together either at camp, weather and roads permitting, or in the city accompanied by coffee, juice, cookies, cakes, sandwiches and good fellowship.

This is the time to help parents understand what camp is all about, how they should handle the child, the kind of letters they should write and not write; and how to send the child off happy and eager to be "up and away".

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counsellor. It is difficult trying to make a somebody out of some kid who hasn't a care for anybody else and looks and dresses as if he were "The Missing Link" Of course they're recognized but how great it would be to have an arm put around you because someone liked you, not just because it was the counsellor's duty to be nice to everyone in the group.

During the pre-camp period a couple of years ago, Steve Van Matre, the author of the book "Acclimatization" came up to our part of Haliburton to work with the staff of several camps. We did all sorts of very strange things with him and we listened to some of his very exciting stories, but one story in particular really stood out for me.

That previous Christmas, Steve had been down in Florida for the Holidays. The family went to Disney World and of course the noon hour parade during that particular time of year naturally highlighted Santa Claus. Steve's son Richard was just at the age of doubting..... questioning..... and wondering about Santa Claus. How could this big roly poly man know where everyone lived? How could he remember everything that everyone wanted? Steve and his family lined up for the parade... the floats were beautiful.... the band exciting.... and the clowns lots and lots of fun.

And then the mood started to change..... Mommys and Daddys an all of the children knew that something special was about to happen..... everyone inched out just a little further. Santa was just around the corner... he had to be, because there was Mickey Mouse and there was Donald Duck and they're really important people. A huge float appeared just down the way. A big "Ho! Ho!" echoed through DisneyWorld. Fully prepared for the moment, Steve stood just behind his son with a sign over his head which said "Santa, say hello to Richard" and the arrow pointed down. Santa was waving to the crowd, his eye caught the sign and, in a clear, husky, voice he looked directly at the questioning boy and said "Merry Christmas Richard". Now if that doesn't bring some pretty warm tears into your eyes nothing will, and you know, that's magic. That's what camp is all about... and that's what brings life into camp. At camp you are somebody. Think about that for a key.

To me another key has something to do with daring. Daring to have confi-

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dence and belief in yourself. Now that's not easy and I am not saying that confidence has to make you different for the sake of being different. But camping is personal and it relates so much to the Director and the people who are closest to him. I get bothered by Camp Directors and I guess this is primarily Private Camp Directors, who are so concerned about the dollar that they try to initiate every little gimmick or fad into their programme. They take a little bit of this philosophy and a little bit of that philosophy and this to me results in the Director becoming a mish/mash of several philosophies.... a sort of wobbly custard, not knowing whether he is coming or going or even what he is doing. The same applies with committees and boards. One of the greatest crimes which a board can commit is to hire a Director.... and then start to make him into something which the committee feels he should be..... taking away all vestiges of his own personality, so that everyone on the Board will be happy and content. How awful to have to please everyone on a Board!

I grew up in camping under the influence of the greats in this country.... Charles Flewman, Taylor Statten, Mary Edgar and A.L. Cochrane. I followed in their footsteps up to a point, but I guess as that corny old song says, "I've Got to Be Me." They gave me the confidence to be me, just as a Board of Directors should give their Directors the confidence to be themselves. This confidence allowed me to try new things and it allowed me to make mistakes and it allowed me to be understanding of those who also make mistakes. This background gave me the confidence to let others take the credit. Only a shallow man has to direct credit to himself. That same shallow man often blames everyone else for his failure. If I fail at my camp the fault is mine. It's not the economy. It is not the change in habits of our society..... it's not the government. But back to footsteps footsteps should only be a guide.

A few weekends ago, I was up at Lake Nipissing with my family. I had never really fished in the winter before and frankly the thought didn't really appeal to me.... sitting in some little shack out in the middle of nowhere... in sub zero weather gazing into a couple of little holes in the ice, waiting for something to pull at your little line to relieve the boredom. There was no boredom, and it was great and I must admit I had fun! Sunday morning we went out skiing and of course Daddy in his sexist way, broke the trail. My youngest son fell way behind and soon the others went ahead. I yelled out, "Mike do you want me to wait for you?" "Yes"

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he replied. "No" he said a moment later, "I'm going to go a different way". I was tempted to say, "Well - No - perhaps you better come with me.... or you might get lost". But I think that wisdom and thinking back to others who had allowed me to grow, I then had to say, "Great! See you back at the cabin".

If we are true leaders we will help others. We will help our counsellors, we will help our C.I.T.s become true leaders and that means giving them the confidence to trust themselves and the knowledge so that they make their own trails.

Each counsellor in every camp in this country is different - unique - "He's a somebody" and yet we often make the mistake of regarding them all so equally. Of course there are some equal rules and some equal understandings and some equal expectations, but there the equality ends. If our counsellors aren't growing and if they aren't challenged and recognized they'll go somewhere else. They'll go somewhere else where they'll be a somebody.... where they won't be anonymous.

In many respects this conference and so many others like it either nationally, provincially or within our own towns or municipalities give us the potential to design our keys for success. You can leave here on Sunday having gained absolutely nothing from the hours which have been spent in a setting such as this. If you leave saying to yourself that nothing has changed in your attitude, in your mind, in your repertoire of ideas, then you are indeed an unfortunate person. Through Recreation Canada, an investment in our future has been made in each one of us. We have a responsibility to prove that the investment is indeed a great one. We can make that investment work by meeting new people, by being aggressive enough to offer suggestions and ideas, and above all by being spongy enough and open enough to seek out and listen to and test ourselves by hearing new ideas and learning some new feelings.

In camping our very personal keys to success are very unique.... but the keys are not worth being part of our lives unless we are willing to share, understand and touch. Those who are the camp directors in Canada, those who are the staff in Canada, those who are the C.I.T.s in Canada, and above all those who sincerely, honestly want to be a part of our lives - the campers in Canada. Their keys are already in our possession. Success only comes when we know what to do with them!



Mr. Latimer opened the National Leadership Development Conference held at Geneva Park, Ontario on January 19th to 22nd, 1978, with the foregoing remarks.

Mr. Latimer is the Chairman of the C.C.A.'s National and International Conferences Committee. He is a Past President of both the O.C.A. and the C.C.A.

The theme of the Geneva Park Conference was "Keys to Success". Material from some of the sessions will appear from time to time in "Canadian Camping". See Mr. Jackson's article on page 8.

Audio cassettes have also been made and will be available. Information in the next issue of "Canadian Camping".

CCA WOODSMANSHIP SCHOOLS



Three National Woodsmanship Leaders Schools are planned this year: The Atlantic Canada School in St. John's, Newfoundland; The Central School at Camp Kandalore, Minden, Ontario; and The Western School in Saskatoon, Saskatchewan.

The schools will last approximately one week, and will be held either the last week of May or the first week of June.

The National Woodsmanship Leaders School is an opportunity for potential leaders from many backgrounds to come together, to share and to learn so that they can return to their camps, their outdoor organizations and their schools with new ideas and ideals

For further information you should write to:

Newfoundland and Labrador Camping Assn.

Box 4188

St. John's, Newfoundland A1C 5Z7

Saskatchewan Camping Association

Box 7543

Saskatoon, Saskatchewan S7K 2L5

OR

The Registrar, Central School

c/o Professor Kirk Whipper

Room 7, School of Physical and
Health Education

University of Toronto

121 St. Joseph St.

Toronto, Ont. M5S 1A1

CRCA

Canoe Schools

The Canadian Recreational Canoeing Association is conducting or assisting in the sponsorship of nine Canoeing Instructor Schools across Canada. The purpose of these ten day schools is to train experienced canoeists in teaching, organizing and promoting one of Canada's unique heritages - canoeing and canoe tripping.

Students wishing to attend one of the C.R.C.A. Canoe Schools should write a letter of application containing the following information and send it as soon as possible to the business manager of the school they wish to attend. Name, Address, Phone, Age, Occupation, Education, Swimming Qualification, Related Outdoor Experience, Canoeing Experience, Recommended By - (A Camp Director or Canoe Instructor) Camp or other organization you are affiliated with. Reason you wish to attend this school.

The Newfoundland School - July 1-10

Mr. Walter Grotty

130 Cumberland Cres.

St. John's, Nfld. A1B 3M3

The Nova Scotia School - July 1-8

Mr. David Horne

c/o Canadian Hostel Assoc.

P.O. Box 3010

South Halifax, N.S.

The New Brunswick School -

Mr. Richard Faulkner

Water St.

Riverside, Alberta Co. New Brunswick

The Ontario School - August 19-28

Camp Kandalore near Minden, Ont.

The Central School - June 11-20

Camp White Pine Near Haliburton, Ont.

For both Schools: Mr. Jack MacGregor

Camp Kandalore, R.R. # 2

Minden, Ontario

The Midwest School - May 22-31

Mr. Jim Leggett

c/o YMCA - 301 Vaughan St.

Winnipeg, Manitoba R3B 2N7

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Thought for Food

SALAD SAVER

You can save left over salad if you do not serve it with the dressing on it. Dressing wilts. Serve the dressing as a sidedish. Save your left over salad in a "Tupperware"-like container and it will be almost as fresh as the day you made it.

"POPSICLES"

After a big meal try serving "Popsicles". They are fun for the kids as well as being a very inexpensive dessert and one which is not too filling after a heavy main course.

FLAVOUR SAVOUR

Try cooking roasts for longer at a lower temperature - it will add to the tenderness, cut down markedly on shrinkage and greatly improve the flavour.

It is the same principle as the "Crock-Pot". Have the meat in the ovens, then delegate someone who will be up at that time to turn them on to 200 - 225 F. They can cook during the night, then you will have the ovens free during the day until you want to warm up the meat before serving. Try it - you'll be impressed! but remember you will have to suit the system to the whims of your ovens.

"The true test of a nation is not the census, nor the size of cities, nor the material wealth - but the kind of citizens it turns out."

- Emerson

"NEW POTATAH, OLD POTATAH?"

Sometimes it is difficult to decide which is the "best buy". New potatoes are more expensive. Old potatoes have more waste. Generally it has been found that your best buy is new potatoes - you don't have to peel them. They can be boiled or baked with the skins on and you usually don't encounter the rot you sometimes find in old potatoes. Try mashing new potatoes with the skins on. If you tell the staff ahead of time that this retains the the part with the highest food value rather than letting it be literally "washed down the drain", they will explain it to the kids. Cook some extra then you can serve "home fries" the next day and kids love home fries. Also you don't need to serve bread as often.

CANOE SCHOOLS

(cont. from page 6)

The Alberta School -
Mr. Neil Usher
108 Primrose Gardens
Edmonton, Alberta

The Pacific School - August 20-30
British Columbia Recreational
Canoeing Association
Box 21
Horsefly, B.C. VOL 110

You know when someone tells you to take a walk?
Maybe they've got the right idea.



PLANNING YOUR YEARS

- a maintenance program

by Wilfred A. Jackson

Do you have a land philosophy for your camp? Does it consider the needs of next year as well as this? Camp Directors have a moral and an ethical responsibility for land preservation, conservation and for respecting the inter-relationship among all things on earth - plants, animals, soil, water and air.

A masterplan should be developed on which all buildings and facilities are shown, both present and future. This can be a very comprehensive document utilizing the assistance of many professionals or simply an orderly guide that shows that this camp is "a going and growing concern." Sound advance planning is essential to the orderly development of a camp and therefore, the masterplan should consider new programs, year round use, new clientele to be served, financial resources and limitations of the campsite. As continuity is very important, a director should be challenged to stay with the camp for at least five years.

Good maintenance is the result of a well-planned program; adequate provision for its execution is a primary responsibility of the camp director. For most camps a single handiman or caretaker can do most of the work. In larger camps, several persons, working under an experienced superintendant will be needed. The larger and more difficult jobs should be turned over to outside contractors. In any event all major projects should be completed prior to camp opening, so that the program can get off to a good start. Regular weekly meetings should be held with the maintenance staff to assure that the maintenance program is being adhered to in a routine way and that agreed upon priorities are kept in perspective.

It is important to have a selected group of staff members come early and stay late to help with opening and closing procedures.

The maintenance staff should have a well equipped shop where repair work of all kinds can be carried on.

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Maintenance can be viewed in terms of its effect on program and not merely in terms of site preservation as an isolated function. Camp property provides the physical environment for the expression of program. Facilities are only the means to an end. The end product is the enjoyment and growth of the camper.

An excellent practice is the development of a "Maintenance Manual. This should contain detailed check lists and directions for all concerned with property management and maintenance. Include a schedule arranged by seasons, including specific details on opening and closing procedures. A record of each building should be kept showing floor plans, type of construction, history, inventory, and required repairs.

Supplementing the maintenance manual should be plans of water, electrical, and sewage systems. Copies of manufacturers directions for the maintenance and operation of mechanical equipment should be kept in an easily accessible location in case of emergency repair

The use of a logbook is a good tool for recording repairs as well as keeping administrative forms to a minimum. The schedules of maintenance problems and the organizing of these into routines is the final aspect of the administrative process.

"Opening" should be a gradual series of tasks rather than a crush of activities in the spring and early summer leaving no room for improvement, testing of new ideas, and testing of tasks completed. Visualize maintenance as a year round process, so that some of the tasks at closing time are actually opening chores for the next camping season.

A small amount of work done regularly may prevent a big repair bill or a costly failure later on.

SUGGESTIONS

1. Develop a large master map of the camp-site.
2. Set-up a portfolio of buildings, including
 - photographs
 - floor plans
 - inventoriesHave a separate file for each building
3. Maintain log of improvements (records of repairs)
4. Have a listing of local suppliers in maintenance building.
5. Set-up a seasonal calendar of maintenance requirements.
6. Professional consultation
 - suppliers
 - architects
 - landscape architects
 - contractors

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— COMING EVENTS —

APRIL	1978	AVRIL	MAY	1978	MAI
	OCA Professional Leadership Development Weekend, Phase III		1	Date limite pour payer cotisation	
1	B.C.C.A. Hypothermia Symposium, North Vancouver Centennial Theatre		6	OCA Counsellor Conference, Centennial College, Toronto.	
7-9	Seminar des directeurs de camps		8	QCA Exec. Meeting, Montreal YMCA	
10	QCA Exec. Meeting, Montreal YMCA		9	OCA Exec. Meeting, Toronto Office.	
11	OCA Annual Meeting at Ont. Soc. of Crippled Children, Toronto.		10	Assemblée generale annuelle - Sect. francais.	
12	Executif - Section francais - Conseil d'administration.		12-14	SCA Annual Meeting and Spring Conf. Waskesui.	
18	QCA Gen. Meeting, "Let's Get Ready for the Summer."		12-14	ACQ Stage de plein air	
19	Souper-causerie - Region de Quebec		17	ACQ-QCA Reunion Conseil Provincial	
20,21	CCA Board and Annual Meeting in Winnipeg, Manitoba.		19-22	NSCA Leadership Training Weekend, Camp Hillis, West Paradise, Annapolis County, Nova Scotia.	
21-13	MCA Conference		26-28	ACQ Stage de plein air	
29	Nfld. and Lab. Annual Meeting and Spring Conference		27	QCA Counsellor Conference	
JUNE	1978	JUIN			
			7	QCA Standards Meeting	
			12	QCA Exec. Meeting, Montreal YMCA	



ALL CAMPERS' CLOTHING AND BELONGINGS should be marked for easy identification—losses are costly.

CAMP LINEN AND EQUIPMENT, TOO, should be marked to avoid confusion and loss.

NAMES OR NUMBERS CAN BE SUPPLIED.

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If interested, send resume, emphasizing wilderness experience to:

Labrador Christian Youth Camp
P.O. Box 742
Happy Valley, Labrador
Newfoundland AOP 1EO

Trampolines*

Mr. Braverman of Pripstein's Camp, a Q.C.A. member, sends us the following information that came in response to his letter to the American Medical Association, regarding the possible use of a trampoline at a children's camp. The AMA sent him a Policy Statement from the American Academy of Pediatrics.

"Trampoline accidents have resulted in a significant number of cases of quadriplegia. In many cases, the accidents have occurred while the victims were participating in supervised physical educa-

* This statement has been reviewed and endorsed by the Academy's Council on Child Health.

tion activities. A recent national survey of sports injuries in high schools and colleges conducted by the National Athletic Injury/Illness Reporting System (NAIRS) showed that between 1973-1975 spinal cord injuries with permanent paralysis resulted more frequently from trampolines than any other gymnastic sport. Next to football, trampolines were found to be the highest cause of permanent paralysis in this survey.

Therefore, the Committee on Accident and Poison Prevention of the A.A. P. recommends that trampolines be banned from use as part of the physical education programs in grammar schools, high schools and colleges and also be abolished as a competitive sport."

CANADIAN CAMPING ASSOCIATION PUBLICATION SERVICES



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Mary I. Casey, B.Sc.N.

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- A Camp Director
- A Camp Board Member
- A Camp Doctor with Nurses on Staff
- A Consultant to Camps
- A Counsellor

To order your copy of The Nurse and the Health Program at Camp, please send cheque or money order, made payable to Canadian Camping Association

Send to: C.C.A. Publications Service
102 Eglinton Ave., E. # 203
Toronto, Ontario M4P 1E1

Please send me _____ copies of The Nurse and the Health Program at Camp
I enclose \$ _____ (Book costs \$2.00)

Name _____

Address _____

A Director's Checklist

(cont. from page 2)

The first staff training in town should be arranged now.

If the camp travels together by bus or train, make final arrangements with transportation company.

A meeting with local or camp doctor to discuss camp care will give him some idea of what's expected during the summer.

Send water samples (both drinking and swimming) regularly to Provincial Health Department.

Find out from your provincial camping association whether or not this is your year for a Standards Visitation. If so, make all arrangements with office.

Make out order for first deliveries of milk, bread, vegetables, and meat and give specific delivery date.

If canoes or other watercraft are out for repair, be sure to arrange delivery date at least two weeks before camp opens

PLANNING YOUR YEARS

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7. Make a check list of standards for building.
8. Prepare a maintenance manual (loose leaf)
9. Keep manufacturer's operating instructions on file.
10. Tag all keys (have soares made and kept by Maintenance Head).
11. Conduct weekly tours of site with Maintenance Head.

Mr. Jackson is the Director of Camps and Confenence Centre of the Catholic Community Services, Inc. Montreal

Wanted

WILDERNESS PROGRAM DIRECTOR

Y.M.C.A. Camp Stephens
May 1st - September 30th, 1978

Also positions available for
canoe trippers and counsellors

For more information contact:

Mr. Jim Leggat
Department of Camping
and Outdoor Education
301 Vaughan Street
Winnipeg, Manitoba R3B 2N7

6T116-800 NSSI

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